



VIDEO LENDING LIBRARY



January 2023

Loss Control Services
WORKERS' COMPENSATION TRUST
(203) 678-0123 | www.wctrust.com | losscontrol@wctrust.com



The Trust Video Lending Library is a comprehensive collection of safety training materials available for free loan to Trust members. Subject matter is specifically designed to satisfy the training needs of our members on a variety of health care topics.

The Trust will provide you with a pre-paid pre-addressed Fed Ex return envelope to return the video(s). Please use this for your return to ensure proper handling and expedition. If for any reason you cannot use the Fed Ex return envelope, please return the video(s) by similar delivery ***within two weeks of receipt*** to Loss Control, Workers' Compensation Trust, 47 Barnes Industrial Road South, Wallingford, CT 06492. **Please do not use US Postal Service or a regular envelope for your return as videos have been damaged in the past.** Your cooperation is appreciated.

By requesting and receiving the video(s) our members agree:

- 1. To use this material for business purposes only**
- 2. To report any problems with the videos immediately to the Trust**
- 3. To return the video(s) to the Trust in the same condition as received**
- 4. That damaged or misplaced video(s) may result in personal liability to the borrower**

Some DVDs are in English and Spanish. Some have customizable PowerPoints available to provide site specific training.

DVDs must be received by the Trust no later than ***two weeks*** after receipt of video.

Videos are sent out on a first come, first serve basis, however, cannot be reserved any more than ***30 days*** in advance of the date needed for training.

To streamline our Lending Library, we have removed several training VHS tapes from the main lending library. However, these VHS safety training tapes are still available for use by Trust members. If you would like to borrow one, please follow the instructions (above) and refer to page 20 for the index.

For more information regarding any of our videos or for other information on loss control programs, please email losscontrol@wctrust.com or call (203) 678-0123.

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ALZHEIMER'S & DEMENTIA

Alzheimer's Disease: Safe Response Techniques In Crisis Situations (VHS)

AL1

This video addresses the specialized needs of individuals with Alzheimer's disease and focuses on appropriate safe responses during crisis situations. The program is geared for the experienced caregiver working in the field of dementia. The video focuses on appropriate safe verbal and physical responses during crisis situations.

Length: 21 minutes

Combative Resident: Mirror Their Reality (VHS)

AL2

This program discusses the problems, causes and various forms of combative behavior which occur in long-term care facilities and helps you learn how to prevent your employees from being victims of combative behavior. Topics covered include: forms of combative behavior, potential causes, keys to the successful management of combative behavior, and learning to deal with combative incidents.

Length: 23 minutes

Dementia & Alzheimer's Caregiving: Through The Looking Glass (DVD)

AL3

There are five million victims of the Alzheimer's disease in the U.S. alone. This compelling program is an expertly-produced training program designed to give your staff information that can help them make a difference. It is ideal for refresher training for C.N.A.s and other caregivers who frequently interact with residents who have Alzheimer's.

Length: 20 Minutes

Caring for Someone with Early to Mid-Stage Alzheimer's Disease (DVD)

AL4

Topics include: repetitive questions, doing chores, aggressive behavior, answering difficult questions and the use of language and other forms of communication. CD includes: support materials, learning objectives, key points and definitions and a test and answer key.

Length: 30 Minutes

Caring for Someone with Mid to Late Stage Alzheimer's Disease (DVD)

AL5

Topics include: physiological and behavioral changes that occur in mid to late stages, core principals in Alzheimer's care, activities, tolerance levels, naps, balancing the day, repetitive calling out, sexuality and intimacy, pain management, incontinence and toileting, flexibility and humor: keys to caregiver well-being. CD includes: support materials, learning objectives, key points and definitions and a test and answer key.

Length: 43 Minutes

Introduction to Dementia Care (DVD)

AL6

NEW

This program discusses the introductions and fundamental precepts of good dementia care, anatomy of the brain, terminology, symptoms of dementia, diagnosing dementia, Alzheimer's Disease in persons with Downs Syndrome, related neurodegenerative disease, and the stages of Alzheimer's Disease. CD includes: support materials, learning objectives, key points and definitions and a test and answer key.

Length: 31 Minutes

ALZHEIMER'S & DEMENTIA (continued)



NEW

Dementia Care: Aggressive Behaviors (DVD)

AL7

This module addresses how aggressive behavior often results from triggers and aggressive actions may be the only way the resident feels they can communicate. CD includes: support materials, learning objectives, key points and definitions and a test and answer key.

Length: 25 Minutes

BACK SAFETY

Back Safety for Material Handlers (DVD)

BS1

Injuries strike more than one million workers every year, resulting in lost time, wages and productivity. Nowhere is this danger more pronounced than in your material handlers. Show them the proper back safety techniques and illustrate exercises for strong & flexible muscles. Topics covered are back structure, repetitive stress & reverse stretching, proper lifting, vehicles & back safety, hand trucks and warning signs of a back injury.

Length: 13 minutes

Ergonomics: Watch Your Back (DVD)

BS2

Whether your staff is moving patients, test tubes, laundry or food, they need to protect their back from undue stress. All healthcare workers have a high risk of developing musculoskeletal disorders or back injuries. This DVD includes the following topics: general back safety, symptoms of back problems, recognizing the dangers, preventing MSD's, and safe material handling.

Length: 15 minutes

Protecting Your Back (DVD)

BS3

Back injuries hurt a lot! They hurt your employees, your staffing levels, your efficiency, your morale, your workers' compensation claims and your insurance premiums. This program includes instruction on proper body mechanics, patient transfer techniques and exercises which will help you avoid what OSHA has called "the nation's number one workplace safety problem." This disc includes Spanish translation.

Length: 19 Minutes

Healthcare Ergonomics: Working to Your Advantage (DVD)

BS4

Musculoskeletal disorders are the fastest growing category of occupational injuries in the United States. This program will help you identify ergonomic hazards in your work area and focuses on the prevention of the most common injuries you will face as a healthcare worker. This disc includes Spanish translation.

Length: 21 Minutes

Back Safety: Healthcare Version (DVD)

BS6

This DVD in English addresses the major areas needed to comply with the standard including: structure of the back, common lifting problems, proper lifting techniques, proper posture, and maintaining a healthy back. Also includes: a CD which includes: Outline (English & Spanish), Quiz (English & Spanish), Answer Key, Certificate, Training Log, Wallet Card, PowerPoint Presentation (English & Spanish) & Manual.

Length: 12 Minutes

BACK SAFETY (continued)

Proper Body Mechanics and Back Safety (DVD)

BS7

This program teaches home care personnel and family caregivers the principles of body mechanics and the importance of learning to move correctly in order to avoid injury. CD includes: support materials, learning objectives, key points and definitions and a test and answer key.

Length: 30 Minutes

BLOODBORNE PATHOGENS

BBP - A Sharper Image (DVD)

BP1A

This video program offers a concise look at the transmission, treatment and prevention of bloodborne pathogens, specifically: Hepatitis B, Hepatitis C and HIV, the Human Immunodeficiency Virus. Topics covered include: effects of HIV, HBV, HCV, personal protective equipment, engineering controls, and safe work practices.

Length: 19 minutes

BBP - Protection in the Home Care Setting (DVD)

BP3A

The home care provider can be exposed to blood and potentially infectious body fluids, regardless of their specific responsibilities. This program outlines the proper precautions that should be followed to ensure safety on the job. Topics covered include: workplace transmission, standard precautions, HBV vaccination, work practice controls, and housekeeping & laundry.

Length: 17 minutes

BBP - A Healthcare Refresher (DVD)

BP5A

This video is short and to the point. It is ideal for retraining healthcare professionals in a hospital setting who have already received initial training. Topics covered include: Hepatitis B & C Virus, HIV, transmission and exposure at work, safety precautions, Hepatitis B vaccine, standard precautions, personal protective equipment, and safe work practices.

Length: 11 minutes

Bloodborne Pathogens "Bloodbug" Barriers (DVD)

BP7

More people are being infected with blood borne diseases than ever before. This program will help protect your employees and ensure that your facility is in compliance with OSHA's Bloodborne Pathogens Standard (1910.1030). This DVD details the effects of the HIV, HBV and HCV viruses, how to use personal protective equipment and engineering controls to minimize the threat of exposure, and safe work practices to employ at all times to avoid transmission and infection.

Length: 48 minutes

BLOODBORNE PATHOGENS (continued)

Workplace Bloodborne Pathogens for Healthcare Training (DVD)

BP8

This DVD in English addresses the major areas needed to comply with the standard including: contents of the OSHA standard, epidemiology & symptoms of bloodborne diseases, modes by which bloodborne diseases are transmitted, the exposure control plan, personal protective equipment, practices to prevent exposure, signs, labels and containers, emergency procedures and follow up procedures. Also included: a CD which includes: Outline (English & Spanish), Quiz (English & Spanish), Answer Key, Certificate, Training Log, Wallet Card, PowerPoint Presentation (English & Spanish) & Manual

Length: 16 Minutes

Infection Control & Bloodborne Pathogens (DVD)

BP9

Germs and how they are spread, the importance of hand hygiene, using personal protective equipment, bloodborne pathogens, disposal of hazardous wastes, personal hygiene, housecleaning and laundry procedures, and signs and symptoms of infection. Also included, a CD with: support materials, learning objectives, key points and definitions and a test and answer key.

Length: 26 Minutes

CONFINED SPACE ENTRY

Confined Space Entry Training (DVD)

CS1

This DVD in English by National Safety Compliance have developed this training video and materials to assist employers in training their workers about confined space entry safety. Also included: a CD which includes: Outline (English & Spanish), Quiz (English & Spanish), Answer Key, Certificate, Training Log, Wallet Card, PowerPoint Presentation (English & Spanish) & Manual

Length: 20 Minutes

DRIVING SAFETY

Coaching the Experienced Driver III (DVD)

DS1

Designed for drivers who have experienced driving in today's traffic environments. Objective is to improve the ability to observe and respond safely to potential collision-producing situations. Video content includes: SCC safe driving methodology, move over law, following distance law, idling considerations, and handling toll areas. Instructor's kit includes: guide, written test, observation checklist, registration form and video presentation.

Length: This DVD is part of a 3 to 3 ½ hour training session

Coaching the Van Driver III (DVD)

DS2

Addresses the considerations of van drivers (minivan, commercial and 15 passenger). Course content includes: van characteristics & inspection, scanning, cushion of safety & communicating, reading traffic situations, transporting cargo, transporting passengers, and collision reporting procedures. Instructor's kit includes: guide, group learning activities, organizational considerations, discussion starters & questions, situation analyses, written test, observation checklist, registration form and video presentation.

Length: This DVD is part of a 4 hour training session

DRIVING SAFETY (continued)

Defensive Driving - Prepared For the Worst (DVD)

DS11A

Defensive drivers anticipate how to deal with road hazards, poor weather conditions, vehicle collisions and crime. This program shows how to stay in control by being prepared for the worst. Topics covered include nature's forces, night driving, breakdown basics, accidents, road construction, and personal security.

Length: 18 minutes

Parking Safely (DVD)

DS12

There is more to parking a vehicle than simply pulling into a space, turning off the ignition and closing the door behind you. In fact, parking can be just as hazardous as driving in traffic, since many drivers and pedestrians disregard all normal traffic laws once they arrive in a parking area. Topics include scanning for hazards, sharing the roadway with pedestrians, personal safety considerations and covering the brake.

Length: 15 minutes

Backing Safely (DVD)

DS13

Backing is the cause of a large number of collisions - a disproportionate number - since drivers spend a relatively small amount of time actually backing. And, although speeds are normally low, these collisions not only create inconveniences, they cause significant property damage and even personal injury. Backing Safely offers practical safety information that can help drivers eliminate backing collisions.

Length: 13 minutes

Safe Winter Driving Considerations (DVDs)

DS14, DS14A, DS14B, & DS14C

This information-packed DVD zeros in on safety tips and techniques for handling the hazards of winter driving. Topics covered in the video include: pre-season preparations, on the road issues and pre-trip procedures. Pre-season preparations cover areas such as maintenance checks and tire checks. On the road issues includes topics such as narrowed lanes, sharing the road and scanning for hazards. Pre-trip procedures cover areas such as choice of clothing, fluid check and vehicle warm-up.

Length: 20 minutes

Driven to Distraction (DVDs)

DS15, DS15A

This groundbreaking program illustrates just how dangerous distracted driving can be. The main character is the embodiment of the various distractions that accompany drivers. Watch as he gleefully plots and plans to take attention from the road. The impact of this program is powerful and memorable.

Length: 17 minutes

Driven to Distraction II (DVDs)

DS16, DS16A

Nearly 6,000 people died in 2008 from fatal crashes involving distracted drivers, according to the National Highway Traffic Safety Administration. Distracted driving continues to be an epidemic on our roads. Help raise awareness of this dangerous practice among your employees with this high-impact training DVD. Once, again, the Distraction Demon rides along with various drivers egging them on to give in to the myriad of distractions tempting today's drivers.

Length: 17 minutes

DRIVING SAFETY (continued)

Distracted Driving: At What Cost? (DVD)

DS17

This video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash.

Length: 15 minutes

Distracted Driving (DVD)

DS18

NEW

This Distracted Driving training program is an excellent tool to train drivers to be aware of the distractions they may face such as reading, eating, grooming, cell phones and pedestrians. Also included: Leaders' Guide, End of Course Quiz, Completion Certificate and Attendance Log.

Length: 17 minutes

FIRE/EMERGENCY

Fire Safety for Ambulatory Care: Mission Possible (DVD)

FE4A

Fire is the third leading cause of accidental death in the United States, with more than 150 workplace fires occurring every day. This program will help you train your employees in the proper safety procedures which can save their lives and the lives of their patients. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish and Portuguese translations.

Length: 16 minutes

Fire Safety: When It's Not Just a Drill (DVD)

FE5A

This program emphasizes the importance of on-going fire awareness and following proper fire safety procedures. Topics covered include: the critical minutes: initial response procedures, patient evacuation, proper fire extinguisher applications and methods, and how to minimize the risk of fire at your facility.

Length: 16 minutes

Fire Safety: Be Alert, Not Alarmed! (VHS)

FE6

Topics covered include: 1) three ingredients of a fire and what happens if one of those elements is missing; 2) the burning stages of a fire and how to recognize the dangers of each; 3) what happens in a flashover and the consequences of not acting quickly; 4) when stairs are a danger zone and what to do and 5) dangerous reactions from residents and how to manage them in a fire.

Length: 19 minutes

Fire Safety in Home Health: 10 Burning Questions (DVD)

FE7

This vital program emphasizes the basic facts about fire, steps to take to assess fire hazards in patient's homes, and ways to teach families how to prevent, control and escape. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish and Portuguese translations.

Length: 25 minutes

HAZARD COMMUNICATION

GHS Labels & Safety Data Sheets (DVD)

HC1

The Globally Harmonized System (GHS) is an international approach to hazard communication, providing a new system for classification of chemical hazards, and a standardized approach to labels (pictograms and signal words) and safety data sheets. This program will help your employees understand the new GHS label elements, identify the new GHS pictograms, and read and interpret the new GHS Safety Data Sheets.

Length: Labels: 14 minutes; Safety Data Sheets: 10 minutes

HazCom for Healthcare A GHS Overview (DVD)

HC2

Healthcare workers are excited and proud to care for patients and help them live long, healthy lives. Yet, in this same environment, caregivers can expose themselves and their patients to many chemical hazards. The OSHA Hazard Communication standard has recently been enhanced with the Globally Harmonized System of Classification and Labeling of Chemicals (GHS). Includes PowerPoint presentation and leader guide.

Length: 17 minutes

INFECTION CONTROL

Why Don't We Do It in Our Sleeves (DVD)

IC1

The right coughing technique prevents spread of germs. Are you still coughing and sneezing the way they did during the plague? Into the air, your hands, tissues and handkerchiefs? Then you need to see this video. You'll learn to cough and sneeze in places that are less likely to spread infections and keep germs alive.

Length: 5 minutes

H1N1 Flu (Swine Flu): Pandemic Awareness for Healthcare (DVD)

IC2

This important program will help you educate and protect your employees against a threat of H1N1 Flu. The program discusses the following topics: what is it and how is it transmitted; what to do in case of exposure, symptoms & treatment and hand hygiene.

Length: 15 minutes

MRSA and VRE Precautions: *Battling Superbugs* (VHS)

IC9

Topics covered: the problem of antibiotic resistance, preventing transmission of MRSA & VRE, and what health providers can do.

Length: 16 minutes

Infection Control: Bag Technique (DVD)

IC10

Surveys a range of infection control measures such as bag preparation and transportation, work area strategies, hand hygiene, PPE and procedures for clean-up and disposal. This important training will teach your staff: the importance of bag preparation, prevention of contamination, segregation of "clean" and "dirty" areas and proper clean up and disposal measures.

Length: 13 minutes

INFECTION CONTROL (continued)

Infection Control Orientation (DVD)

IC11

With the daily threat of AIDS, hepatitis and drug-resistant organisms, the healthcare workers' job is more dangerous than ever. One wrong move can be the difference between safety and even life and death. This vital program will show your employees how to use Standard Precautions to combat the threat of infection and protect themselves – and their patients. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish and Portuguese translations.

Length: 20 minutes

Infection Control in Behavioral Healthcare (DVD)

IC12

This compelling program teaches your staff that the risk of infection transmission in behavioral healthcare is real and should be taken seriously. Topics include: The importance of protecting your clients and yourself from sharps injuries, why PPE can prevent real dangers in the behavioral healthcare setting, critical steps to protect your staff from dangerous microorganisms, and how to break the chain of infection at your facility. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish and Portuguese translations.

Length: 21 minutes

KITCHEN SAFETY

Kitchen Safety Training (DVD)

KS2

With the daily threat of AIDS, hepatitis and drug-resistant organisms, the healthcare workers' job is more dangerous than ever. One wrong move can be the difference between safety and even life and death. This vital program will show your employees how to use Standard Precautions to combat the threat of infection and protect themselves – and their patients. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish and Portuguese translations.

Length: 13 minutes

LOCKOUT/TAGOUT

Lockout/Tagout Control of Hazardous Energy (DVD)

LO2

This DVD in English was created specifically to assist facilities in complying with the employee training requirements of OSHA's "LockOut/TagOut" regulation, these products discuss the OSHA Lockout/Tagout Standard, including the Energy Control Manual. Also included: a CD which includes: Outline (English & Spanish), Quiz (English & Spanish), Answer Key, Certificate, Training Log, Wallet Card, PowerPoint Presentation (English & Spanish) & Manual

Length: 17 minutes

OFFICE ERGONOMICS

Office Ergonomics: *It's Your Move* (VHS)

OE1

Every year nearly two million American workers suffer musculoskeletal disorders. From pinched nerves and strained muscles to inflamed tendons and sore necks, musculoskeletal disorders (MSDs) come from stressing your body beyond its ability to recover. Today we know that MSDs can strike anyone, even people who work in offices. Topics covered are: The signs and symptoms of MSDs, Recognizing MSD risk factors, Preventing MSDs, and Benefits of protecting yourself while you work.

Length: 16 minutes

Office Ergonomics and the Computer Workstation (VHS)

OE2

This important video - Office Ergonomics and the Computer Workstation Training Video covers key ergonomics topics that impact your office workers-with particular emphasis on the computer workstation. Key topics covered: desk and work surface setup, proper workstation seating, keyboard wrist positioning, lighting and glare, RSIs, and office chair usage.

Length: 30 minutes

Office Ergonomics (DVD)

OE3

NEW

This training program addresses how to recognize ergonomic problems, the potential for adverse effects if offices are not set up ergonomically, and practical solutions employees themselves can use to make their workstations more ergonomically correct. Also included: Leaders' Guide, End of Course Quiz, Completion Certificate and Attendance Log.

Length: 12 minutes

ORIENTATION

Cultural Competency: Just Good Healthcare (DVD)

OR1

What is Cultural Competency in healthcare? In simple terms, it's medicine at its best: patient-centered care. Healthcare providers who are sensitive to the cultural and religious beliefs of the communities they serve, particularly surrounding health and illness. Includes realistic healthcare scenarios representing many different cultures and beliefs.

Length: 16 minutes

A Commitment to Safety for Staff Members in Long Term Care (DVD)

OR4

"A Commitment to Safety" illustrates staff members at work in all areas of long term care facilities demonstrating safe practices in a realistic setting. You'll find the program provides the perfect safety introduction during orientation, as well as an effective solution for safety refresher training. A Facilitator Guide is available.

Length: 25 minutes

ORIENTATION (continued)

Safety Orientation for Healthcare: Preparation Meets Opportunity (DVD)

OR5

This video covers slips, trips & falls, fire safety, bloodborne pathogens, personal protective equipment, hazard communication and handwashing/glove removal.

Length: 20 minutes

Safety Orientation – Healthcare Version (DVD)

OR6

This DVD in English addresses the major areas needed to comply with the standard including: Slips, Trips and Falls, Back Safety, Fire Safety, Electrical Safety, Hazard Communication, Personal Protective Equipment, Bloodborne Pathogens, Needlesticks, Handling Medical Waste, and Good Housekeeping. Also included: a CD-Rom containing: Outline (English & Spanish), Quiz (English & Spanish), Answer Key, Certificate, Training Log, Wallet Card, PowerPoint Presentation (English & Spanish) & Manual.

Length: 16 minutes

Safety Orientation – Janitorial Version (DVD)

OR7

This DVD in English addresses the major areas needed to comply with the standard including: safety mindset, slips, trips & falls, back safety, personal protective equipment, hazard communication, fire safety, electrical safety and first aid. Also includes: a CD-Rom containing: Outline (English & Spanish), Quiz (English & Spanish), Answer Key, Certificate, Training Log, Wallet Card, PowerPoint Presentation (English & Spanish) & Manual.

Length: 26 Minutes

A Guide to Being a Companion Homemaker: Roles & Responsibilities (DVD)

OR8

This DVD in English includes these topics: the importance of people skills, positive communication techniques, ethics, integrity and professional behavior, ageism: what it is and how to avoid it, appearance and hygiene, cultural sensitivity, phone etiquette, escorting and transporting your client, observation skills, handling medical emergencies, and fire safety and disaster preparedness. Also includes a CD with support materials, learning objectives, key points and definitions and a test and answer key.

Length: 23 Minutes

A Guide to Being a Companion Homemaker: Safety and Housekeeping (DVD)

OR9

This DVD in English has topics that include: safety in the home, companion safety, infection control, housecleaning routines and order of work, cleaning products, cleaning specific rooms, laundry – sorting, using the washing machine and dryer, reading clothing labels, methods of ironing different kinds of fabric, adjusting iron temperatures, ironing a shirt or blouse, using the steam iron. Also includes a CD with support materials, learning objectives, key points and definitions and a test and answer key.

Length: 22 Minutes

Home Health Safety Orientation (DVD)

OR10

This important program will help you recognize the potential dangers of working in a home care setting. It provides important safety tips which will protect you and your patients. Topics include: What to look for in the home, safe work practices, handling medical waste and equipment, and handwashing. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish translation.

Length: 20 minutes

ORIENTATION (continued)

Safety Orientation for Ambulatory Care (DVD)

OR11

Healthcare workers encounter potentially hazardous situations every day. According to NIOSH, the health service industry reports more job-related injuries and illnesses than general industry. This fast paced program covers basic safety information while giving it a fun twist. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish and Portuguese translations.

Length: 19 minutes

Office Safety (DVD)

OR12

This program on Office Safety trains employees what hazards exist in office environments, and how important it is to use good safety practices as they go about their work; avoiding falls, material handling; fire safety and more. Also included: Leaders' Guide, End of Course Quiz, Completion Certificate and Attendance Log.

Length: 19 minutes

Introduction to Home Care (DVD)

OR13

This program teaches home care providers about the home care field and describes important skills for success on the job. Topics include: The home care team, importance of working well with others, fulfilling the care plan, protecting yourself from liability, developing good observation skills, reporting to your supervisor and good documentation practices. Also includes a CD with support materials, learning objectives, key points and definitions and a test and answer key.

Length: 11 Minutes

Personal Care (DVD)

OR14

People are accustomed to doing their own personal hygiene. Allowing someone else to help may be stressful and embarrassing. This program will help your employees provide personal care in a way that honors the client's dignity. Also includes a CD with support materials, learning objectives, key points and definitions and a test and answer key.

Length: 36 Minutes

PERSONAL PROTECTIVE EQUIPMENT

Healthcare PPE: Why Risk It? (DVD)

PP1A

This program covers the different types of Personal Protective Equipment (PPE) available and discusses how they can protect you from on-the-job hazards. Topics covered include: wearing the right PPE for the job, and infectious hazards, chemical hazards and radiation hazards.

Length: 19 minutes

SAFE PATIENT HANDLING

It's Your Back, Don't Break It (VHSs)

SP1, SP1A

Designed specifically for home care workers, this video explains how to lift and move patients safely. It also describes how employees can protect their backs with good posture, diet and exercise. This program can easily be incorporated into your agency's current back safety program and can be used to update supervisors on current back safety procedures. Topics covered include: how the back works, posture & exercise, safe lifting, and preventing back injuries.

Length: 20 minutes

Patient Lifting: Safe Strategies (DVDs)

SP2, SP2A

The Bureau of Labor Statistics cites that nursing aides, attendants and orderlies have the highest risk of musculoskeletal disorder from on-the-job activities. Protect your staff with the NIOSH-approved techniques found in this new program. Your staff will learn step-by-step techniques on lifting and moving patient as well as inherent risks for improper procedures.

Length: 15 minutes

Ergonomics: Safe Patient Transfer (DVD)

SP3

Back injuries and other musculoskeletal disorders are rampant in the healthcare industry. Topics covered include: back protection when working with patients, recognizing risk tasks in daily work, identifying risky patients and risky locations, and types of mechanical devices to use during patient care.

Length: 16 minutes

Fall Prevention in Home Healthcare (DVD)

SP4

Create awareness about some of the proactive screening tools and protective strategies you can use to prevent falls where they most often occur in the patient's home. Topics covered include: how & where, conducting a fall risk assessment, fall risk assessment scale, what to do if a patient falls, physical assessment & fall prevention, and preventing (un)anticipated falls.

Length: 16 minutes

How to Help Someone Who Uses a Wheelchair (DVD)

SP5

Topics covered are: safety and sensitivity issues, principals of body mechanics, parts of the wheelchair, body control points, gait belt use, stand pivot transfers in a variety of settings, squat pivot transfer, transfer out of a lounge or soft chair, vehicle transfer, loading wheelchair into a car, maneuvering ramps and curbs, bathroom equipment, preventing pressure ulcers and types of walkers, crutches and canes. Also included: a CD with support materials, learning objectives, key points and definitions and a test and answer key.

Length: 19 Minutes

How to Use a Mechanical Lift (DVD)

SP6

This program will introduce how a lift works. Topics include: parts of a mechanical lift, addressing patients' fear, sling placement, two-person mechanical lift transfer, one-person mechanical lift transfer and safety measures. Also includes a CD with support materials, learning objectives, key points and definitions and a test and answer key.

Length: 22 Minutes

SLIPS, TRIPS AND FALLS

Slips, Trips and Falls: Avoiding Injury in the Workplace (DVDs)

SL1, SL1A

Slips and falls account for over 200,000 on-the-job injuries in the U.S. each year. This program identifies major slip, trip and fall hazards which may endanger employees. Topics covered include: negotiating slippery surfaces, controlling hazards, and avoiding falls.

Length: 14 minutes

Slips, Trips and Falls: Taking the Right Steps (DVD)

SL2

One safety slip and your employees will be on the slippery road to accidents. Slips, trips and falls cause injuries in the workplace, and you have to smooth out the risks through this high impact training program that advocates solid safety measures: awareness, good housekeeping and proper equipment use. Safety can take you a long way!

Length: 20 minutes

Winter Walking: Safe Walking in Hazardous Conditions (DVD)

SL3

Walking seems easy enough, right? In certain conditions like snow, rain and ice extra precaution must be taken. Nobody likes to fall and you are the only one who can prevent yourself from falling. This video will teach the tips, tricks and equipment to walk safely in the winter.

Length: 8 minutes

Safety In and Around the Home: Fall Prevention (DVD)

SL4

This video addresses the major areas needed to comply with the standard including: physical and emotional effects of a fall, the goal of fall prevention, falls and the older adult, fall prevention for care providers, proper shoes, how to prevent falls in and around the home, using a gait belt, medications that increase fall risk and walkers. Also included: a CD with support materials, learning objectives, key points and definitions and a test and answer key.

Length: 19 Minutes

Fall Prevention in Home Healthcare (DVD)

SL5

Create awareness about some of the proactive screening tools and protective strategies you can use to prevent falls where they most often occur – in the patient's home. Added features include: customizable PowerPoint presentation, leader's guide and quiz. Disc also includes Spanish and Portuguese translations.

Length: 17 minutes

TUBERCULOSIS

Respirators: Your TB Defense & TB Resp. Prot.: Administrator's Review (DVDs)

TB3, TB3A

This program is designed to educate health care workers on proper respiratory protection. The "Administrator's Review" section of this DVD takes the viewer step-by step through developing a respiratory protection program for tuberculosis.

Length: 48 minutes

WELLNESS

Working with Stress (DVD)

WE1A

This NIOSH training and educational video program on the topic of workplace stress describes workplace factors that can create or exacerbate worker stress, and suggests practical measures for reducing job-related stress through changes in work organization. It combines authoritative information with an easy-to-understand, viewer-friendly presentation.

Length: 17 minutes

Employee Wellness: A Way of Life (DVD)

WE2

This video explores the concept of wellness - the state of being at your physical, mental, emotional and spiritual best - and show practical, every day steps employees can take towards attaining wellness.

Length: 18 minutes

Employee Wellness: Taking Care of You (DVD)

WE3

Employee Wellness: Taking Care Of You explores the concept of wellness - the state of being at your physical, mental, emotional and spiritual best - and shows practical, every day steps employees can take towards achieving wellness. It covers health screenings, smoking, drug and alcohol abuse, vaccinations, diet, exercise, shift work and more. Help your employees understand the why's, how's and importance of being well with this informative program.

Length: 16 minutes

WORKPLACE VIOLENCE

Defusing the Explosive Customer (VHS)

WV1

Most customers just don't "blow up." There's usually a build-up of tension and if you pay attention and learn to respond to these early "warning signs," you can help calm down the customer. This program will teach you how to identify and respond to these warning signs. You'll learn how to talk to customers who are anxious, to help defuse the situation on the spot, and how to keep customers from getting even angrier, even on the phone.

Length: 40 minutes

Workplace Violence - First Line of Defense (VHS)

WV2

As the second-leading cause of workplace deaths, violence represents a challenge to employers who must be prepared to respond to and manage these incidents. This program uses an interview with a convicted perpetrator as well as a compelling dramatization to communicate the impact of this problem.

Length: 30 minutes

Violence On The Job (DVDs)

WV5, WV5A, WV5B, WV5C, WV5D

This program, produced by NIOSH in 2004, describes workplace violence factors, and suggests measures for reduction.

Length: 27 minutes

WORKPLACE VIOLENCE (continued)

Healthcare Violence: Be Part Of The Cure (DVD)

WV6

In one state alone, nearly 60 percent of hospital employees received injuries from patients or visitors. Protect your employees by teaching them how to spot potential violence and how to diffuse a hostile situation.

Length: 17 Minutes

Threat Detector: Your Role in Preventing Workplace Violence (DVD)

WV7

This program is a terrific means for training your employees on how to recognize threats in the workplace before these threats lead to violent acts. You will be shown what threatening behaviors are and the red flags that may indicate the potential for future violent acts. The program includes 5 scenarios for classroom discussion.

Length: 17 Minutes

Difficult Behavior: Breaking Through (DVD)

WV8

Problem behavior is a catch-all term that refers to patients' actions that are not dangerous but can still lead to disruptions of care. Examples of these actions include: arguing with staff or visitors, challenging the rules, noisy behavior, name-calling and swearing. Topics covered include: the reasons difficult behavior must be handled, the intervention process, and patients prone to difficult behavior.

Length: 21 minutes

Personal Safety for Home Health Caregivers (DVDs)

WV9

Physical violence, verbal or sexual abuse is a dangerous possibility for healthcare staff during home visits. Kind words and street smarts are not enough to ensure their safety. This program teaches practical ways to defuse potentially violent situations and show your staff how to prepare for visits, set-up security measures and know assault-cycle awareness to prevent possible harm.

Length: 15 minutes

Workplace Violence: Looking Out for Each Other (DVD)

WV10

While mass shootings and national tragedies present workplace violence at its extreme, the truth is most violence at work takes less severe forms. This DVD alerts employees to the less newsworthy, but damaging kinds of workplace violence, such as threats, intimidation, harassment, bullying, cyber-bullying and domestic abuse that can lead to more serious incidents.

Length: 15 minutes

Safety Matters: Active Shooter Preparedness (DVD)

WV11

Active shooter incidents or ASIs are an unfortunate reality and a growing threat to every workplace. In order to help prevent mass casualties, knowledge and planning are critical. This program shows workers how to identify an active shooter and emphasizes the importance of every employee having a plan, being aware of his or her surroundings and knowing the organization's emergency action plan. Added features include: customizable PowerPoint presentation, and leader's guide.

Length: 8 minutes

RETIRED

To streamline our lending library, we have removed several training VHS tapes from the main lending library. However, these VHS safety training tapes are still available for use by Trust members. If you would like to borrow one, please follow the instructions on page 2 of the lending library document.

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RETIRED - BACK SAFETY

Safety Techniques for Tying Down Wheelchairs (VHS)

BS5

This video program includes numerous examples of how to properly secure wheelchairs. Topics covered include: types of securement systems, types of wheelchairs, and protecting your back.

Length: 18 minutes

BLOODBORNE PATHOGENS

BBP - A Sharper Image (VHS)

BP1

This video program offers a concise look at the transmission, treatment and prevention of bloodborne pathogens, specifically: Hepatitis B, Hepatitis C and HIV, the Human Immunodeficiency Virus. Topics covered include: effects of HIV, HBV, HCV, personal protective equipment, engineering controls, and safe work practices.

Length: 19 minutes

BBP - For Ambulatory Care (VHS)

BP2

More than half a million sharp-related injuries occur each year, according to OSHA. Safety devices now include needleless systems and engineered protective devices for needles and other sharps. Studies show that sharps safety devices may significantly reduce your risk of injury during procedures such as joining IV lines, drawing blood, injecting medications and suturing during surgery. Topics covered include: Hepatitis B and C virus, transmission and exposure to HIV, Hepatitis B vaccine, standard precautions, personal protective equipment, safe work practices, and sharps safety.

Length: 19 minutes

BBP - Protection in the Home Care Setting (VHS)

BP3

The home care provider can be exposed to blood and potentially infectious body fluids, regardless of their specific responsibilities. This program outlines the proper precautions that should be followed to ensure safety on the job. Topics covered include: workplace transmission, standard precautions, HBV vaccination, work practice controls, and housekeeping & laundry.

Length: 17 minutes

Needlestick Prevention - Five Steps to Safety (VHS)

BP4

This program reviews five steps employees can take to protect themselves when working with sharps.

Length: 14 minutes

BBP - A Healthcare Refresher (VHS)

BP5

This video is short and to the point. It is ideal for retraining healthcare professionals in a hospital setting who have already received initial training. Topics covered include: Hepatitis B & C Virus, HIV, transmission and exposure at work, safety precautions, Hepatitis B vaccine, standard precautions, personal protective equipment, and safe work practices.

Length: 11 minutes

RETIRED - BLOODBORNE PATHOGENS

Bloodborne Pathogens in Behavioral Healthcare (VHS)

BP6

As you know, OSHA's Bloodborne Pathogen Standard 1910-1030 mandates that all healthcare workers obtain annual retraining on blood borne pathogens. This video will teach healthcare workers how to reduce the risk of exposure to Hepatitis C, Hepatitis B and HIV. Topics covered include: standard precautions to take to reduce exposure, and what to do if an exposure occurs.

Length: 17 minutes

DRIVING SAFETY

Next Step Coaching/A Driver Safety Refresher (VHS)

DS3

This video program is designed for experienced drivers who have already had some form of driver training by zeroing in on and reinforcing specific safe driving concepts that experienced drivers may be familiar with, but may not practice, in their everyday driving. Includes fifteen driving situations and follow-up questions.

Length: 25 minutes

Coaching the Maintenance Vehicle Operator (VHS)

DS4

This is a comprehensive defensive driving program that focuses on improving an operator's ability to read traffic conditions, act accordingly, and prevent collisions, both on the road and at work.

Length: This video is part of a 4 ½ hour training session

Snowplow Safety: Parking Lots (VHS)

DS5

This program focuses on specific safety issues regarding the plowing of parking lots. It can be used for self-directed or classroom study, and is ideal for pre-and in-season training. Topics addressed include pre-season site preparation, equipment inspection, scanning for hazards, clearing entrances & exits, where to distribute plowed snow, and special considerations for 24-hour operations.

Length: 19 minutes

Coaching the Emergency Vehicle Operator (CEVO) Ambulance (VHS)

DS6

Comprehensive coverage of collision-prevention techniques, including cushion of safety, scanning, vehicle positioning, handling blind spots, safe backing & parking procedures, and more. Coverage of a wide range of other safety-related topics, including vehicle inspection, vehicle handling and design characteristics, emergency and non-emergency driving differences, and safety at the emergency scene.

Length: This video is part of a 6 to 8 hour training session

Coaching the Emergency Vehicle Operator (CEVO II) Fire (VHS)

DS7

Participants will appreciate the non-lecture, participant-intensive educational approach in CEVO II. Fire personnel and instructors will appreciate the program's flexible and easy to use format. Comprehensive coverage of collision-prevention techniques, including apparatus inspection, cushion of safety, driving with lights and siren, specific traffic situations, and more.

Length: This video is part of a 6 hour training session

RETIRED - DRIVING SAFETY (cont'd)

Coaching the Emergency Vehicle Operator (CEVO II) Police (VHS)

DS8

Participants will appreciate the non-lecture, participant-intensive educational approach in CEVO II. Police personnel and instructors will appreciate the program's flexible and easy to use format. Comprehensive coverage of collision-prevention techniques, including vehicle inspection, cushion of safety, special traffic situations and more.

Length: This video is part of a 6 hour training session

Coaching the Van Driver/Self Instruction (VHSs)

DS9, DS9A

Topics addressed include: pre-trip inspection, safety belts, van characteristics, scanning, backing, cushion of safety, blind spots, and city, highway and rural driving. An optional Transporting Cargo segment addresses specific situations such as familiarity with the route, cargo placement, double-parking, making deliveries, and following distance. The optional Transporting Passengers segment addresses critical safety points concerning safe stopping points, pick-up and drop-off procedures, passengers as pedestrians, and safety belt use.

Length: This video is part of a 4 hour training session

Distracted! (VHS)

DS10

Tractor-trailer and other professional drivers are far more likely to be the victims of distracted drivers because of the amount of time they spend on the road. This training program can help both new and veteran drivers know what to look for and what to do when they encounter distracted drivers. The video shows drivers the dangerous behaviors of distracted drivers and the actions to take to avoid those drivers. It also shows drivers how to avoid becoming distracted drivers themselves.

Length: 15 minutes

Defensive Driving - Prepared For the Worst (VHS)

DS11

Defensive drivers anticipate how to deal with road hazards, poor weather conditions, vehicle collisions and crime. This program shows how to stay in control by being prepared for the worst. Topics covered include nature's forces, night driving, breakdown basics, accidents, road construction, and personal security.

Length: 18 minutes

ELECTRICAL

Healthcare Electrical Safety - AMPLe Protection (VHS)

EL1

The healthcare employee works with more electrical devices, monitoring equipment and diagnostic equipment than ever before. From maintenance shop to emergency room, from operating room to patient bedside, it is an environment where the power and potential hazards of electricity abound. Topics covered include: OSHA 1910.331-335 Electrical Safe Work practices, JCAHO - required training, electrical safety guidelines, common hazards, and electrical equipment typical to the healthcare environment.

Length: 18 minutes

RETIRED - FIRE SAFETY

Disaster Planning: Defuse the Time Bomb (VHS)

FE1

Whatever the disaster, your facility must react effectively to save lives, treat casualties and maintain high quality patient care. This program will teach employees how to stay alert to preventing disasters such as fires, explosions and violence. Topics covered include: types of disasters, prescription for survival, role division, and drill preparedness.

Length: 20 minutes

Evacuation of Health Facilities (VHS)

FE2

Major fires in health care facilities are rare, but can be deadly. Most patients cannot leave the fire area without assistance. This video follows the recommendations in *NFPA 99* and *NFPA 101*[®] to train your staff on the following topics: use of the manual fire alarm pull station, when to use a fire extinguisher, oxygen shutoff, smoke barrier doors, smoke compartments, and horizontal & vertical evacuation. Ideal for all physicians, nurses, volunteers, administrators, facilities and environmental departments, and others working in a patient care environment.

Length: 16 minutes

Fire Safety in Home Health (VHS)

FE3

This program emphasizes the basic facts about fire, steps to take to assess fire hazards in patients' homes, and ways to teach families how to prevent, control and escape home fires. Topics covered include: home fire statistics, basic fire safety tips, PASS, and RACE for safety.

Length: 23 minutes

Fire Safety: Mission Possible (VHS)

FE4

Fire is the third-leading cause of accidental death in the United States, with more than 150 workplace fires occurring every day. This program will help you train your employees in the proper fire safety procedures which can save their lives and the lives of their patients. Topics covered include: fire prevention procedures, and fire extinguishers.

Length: 20 minutes

Fire Safety: When It's Not Just a Drill (VHS)

FE5

This program emphasizes the importance of on-going fire awareness and following proper fire safety procedures. Topics covered include: the critical minutes: initial response procedures, patient evacuation, proper fire extinguisher applications and methods, and how to minimize the risk of fire at your facility.

Length: 16 minutes

INFECTION CONTROL

Infection Control: Break the Chain (VHS)

IC3

OSHA and JCAHO require a comprehensive infection control program in all healthcare facilities. This video program will teach workers how to protect themselves and their patients from infections. Employees will learn about the tools needed to break the infection transmission chain. Topics covered include: hand washing, immunizations, standard precautions, and placement evaluation.

Length: 22 minutes

Infection Control for Home Health Care (VHS)

IC4

By following the basic infection control practices outlined in this video program, your home care workers can protect themselves and their patients from the spread of infection. Topics covered include: work practice controls, and housekeeping & laundry.

Length: 22 minutes

Infection Control Orientation: Based on Standard Precautions (VHS)

IC5

Over the past few years, the risk of infection has increased for both patients and hospital staff. Practicing proper infection control procedures is one of the most important responsibilities of a healthcare worker. Topics covered include: sources of infection, transmission, standard precautions, proper hand washing procedures, and importance of PPE.

Length: 19 minutes

Infection Control: Featuring Drug-Resistant Organisms (VHS)

IC6

The role of infection-control practitioner is more difficult than ever due to the rapid emergence of drug-resistant organisms. This program outlines the procedures necessary to prevent the spread of these deadly organisms. Topics covered: what are drug-resistant organisms, discusses VRE & MRSA, and describe drug resistant tuberculosis.

Length: 18 minutes

Hand Hygiene: For Hands That Care (VHS)

IC7

We all recognize the importance of keeping hands free of infectious microorganisms, but statistics indicate we're not following through in practice. Contamination can occur during direct patient contact, such as intravascular catheter care, respiratory tract care, or when handling patient secretions or excretions. Topics covered are the importance of hand hygiene, CDC hand hygiene guidelines, hand decontamination, surgical hand antisepsis, dermatitis, hand hygiene and glove use.

Length: 17 minutes

Infection Control During Construction: A Health Care Construction Crew Training Video (VHS)

IC8

This is an introductory training and educational tool for construction crews who work in your facility. This video is designed to help contractors understand the necessary precautions they must take in order to maintain proper infection control during construction and renovation projects in your facility.

Length: 20 minutes

KITCHEN SAFETY

Safety Orientation for Food Service (VHS)

KS1

A must see for employees working as a cafeteria line server, Certified Master Chef or dishwasher in a cafeteria. This training program will cover safety hazards such as wet floors, knives, steamers, mixers, slicers, grinders, dish machines, hot surfaces and fryers. Also discussed are various topics that are or could become safety hazards in the kitchen. (Available in Spanish)

Length: 16 minutes

LATEX

Latex Allergy - Stop the Reaction (VHS)

LA1

Allergic reactions to natural rubber latex products are being recognized with increasing frequency among healthcare workers who use gloves and other products containing latex. This program contains guidelines for minimizing latex-related health problems while maximizing protection. Topics covered include: what latex allergy is, types of reactions caused by latex, who is at risk for latex allergy, and what you can do to protect yourself.

Length: 22 minutes

LOCKOUT/TAGOUT

Lockout/Tagout: An Open and Shut Case (VHS)

LO1

This program helps solve the mystery of lockout/tagout by focusing on the basics. It will help your company comply with OSHA 1910.147 and avoid catastrophic accidents. Topics covered include: What lockout/tagout is and when to perform it, OSHA's six steps to controlling hazardous energy, and OSHA's three steps for safe restoration of energy.

Length: 14 minutes

ORIENTATION

Home Health Safety Orientation (VHSs)

OR2, OR2a

This program will help employees recognize the potential hazards of working in a home care setting. It provides important safety tips which will protect employees and patients. Topics covered include: slips, trips & falls, back injuries, electrical safety, fire safety, infection control, handling medical waste, safe work practices, personal protective equipment, glove removal & hand washing, and personal safety.

Length: 20 minutes

Healthcare Safety Orientation: For Your Own Good (VHS)

OR3

This program will help employees recognize the potential hazards of working in a healthcare setting. It provides important safety tips which will protect employees and patients. Topics covered include: slips, trips, and falls, back injuries, electrical safety, fire safety, disinfection & sterilization, handling medical waste, housekeeping, radiation safety, hazard communication, personal protective equipment, and glove removal & hand washing.

Length: 16 minutes

OUTDOOR BUGS

Dealing with Bugs and Critters (VHS)

OB1

This program, designed especially for public works, utility, government employees or anyone whose job function includes grounds maintenance or outdoor responsibilities, is essential for a safe work environment.

Length: 16 minutes

RETIRED - PERSONAL PROTECTIVE EQUIPMENT

Healthcare PPE: Why Risk It? (VHS)

PP1

This program covers the different types of Personal Protective Equipment (PPE) available and discusses how they can protect you from on-the-job hazards. Topics covered include: wearing the right PPE for the job, and infectious hazards, chemical hazards and radiation hazards.

Length: 19 minutes

SLIPS, TRIPS AND FALLS

Slips, Trips and Falls: Avoiding Injury in the Workplace (VHS)

SL1

Slips and falls account for over 200,000 on-the-job injuries in the U.S. each year. This program identifies major slip, trip and fall hazards which may endanger employees. Topics covered include: negotiating slippery surfaces, controlling hazards, and avoiding falls.

Length: 14 minutes

TUBERCULOSIS

Tuberculosis Awareness: (VHS)

TB1

Anyone can contract TB and its new drug resistance strains. This video will help your employees understand TB and how to fight against it. Topics covered include: how TB is contracted, symptoms, what happens if you become infected, and who is at risk.

Length: 16 minutes

Tuberculosis - Identification and Control (VHS)

TB2

Every healthcare facility needs a TB infection control plan, and every healthcare worker needs to be thoroughly trained in preventing the spread of disease.

Length: 15 minutes

WELLNESS

Working with Stress (VHS)

WE1

This NIOSH training and educational video program on the topic of workplace stress describes workplace factors that can create or exacerbate worker stress, and suggests practical measures for reducing job-related stress through changes in work organization. It combines authoritative information with an easy-to-understand, viewer-friendly presentation.

Length: 17 minutes

RETIRED - WORKPLACE VIOLENCE

Home Health Care Violence - Be Smart, Be Safe (VHSs)

WV3, WV3a

The entire healthcare system in the United States is undergoing a fundamental change. Healthcare treatment is shifting from the hospital to the patient's home. And your role as a home care provider is shifting to include more and more primary care. This program reviews the vital procedures that you and your employees should follow to minimize risk and have greater security when performing your very valuable work.

Length: 22 minutes

Reduce Your Risk While Driving, Parking or Walking (VHS)

WV4

Whether on business or after hours, in or out of town, employees should follow basic safety procedures to prevent car-jacking, car theft, muggings, and other vehicle-related crimes. The video features personal safety techniques that employees and their families can use to guard against crime while driving, parking, or walking to and from their vehicles.

Length: 15 minutes