



Member Education Calendar

July - December 2024

Workers' Compensation Trust

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July - August 2024

WEBINAR

Safety Solutions: Stairway and Ladder Safety Webinar

**TUE
JUL 9**

10:00AM - 11:00AM

TARGET AUDIENCE:
All Trust Members

Members: FREE | Value: \$50

In General Industry, falls from ladders account for 20% of all fatal and loss work-day injuries. In 2016, OSHA updated the General Industry Walking Working Surfaces and Fall Protection Standard. This webinar taught by CONN-OSHA will review the hazards associated with stairs and ladders, methods to prevent these hazards and Employer requirements per the standard. The NOISH application, Ladder Safety Mobile Application, will be reviewed. It provides user-friendly guides and interactive tools to prevent falls.

Member Meeting: What You Need To Know

**THU
JUL 18**

9:00AM - 12:30PM

TARGET AUDIENCE:
All Trust Members

**Members: FREE | Value: Priceless
3.25 CEUs from LeadingAge CT**

This class is essential for all new Trust members. Attendees will learn about free resources to assist with employee training, OSHA requirements, and the many sample safety programs available. The Trust has several proven resources and services designed specifically for our members to reduce employee injuries, lower WC insurance costs, and to understand and implement OSHA compliant programs. Attendees will learn how the Trust manages claims for better outcomes and the vital role our members play in the process. You will learn the value of utilizing the comprehensive managed care network and resources the Trust has available to assist with transitional duty/return to work.

OSHA 10-Hour for General Industry

PART 1
**THU
JUL 25**

PART 2
**THU
AUG 1**

**9:00AM-
3:30PM**
both days

Members: \$195 per person
OSHA-10 General Industry card
issued upon completion

Are you new to safety or to understanding OSHA standards? Or do you want a refresher in safety hazards and preventative actions? Come join us for the OSHA-10 General Industry class. This class will provide training in common safety and health hazards and protective measures for general industry exposures. Specifically, this course taught by Trust staff will cover the following topics: Introduction to OSHA, Walking and Working Surfaces including Fall Protection, Workplace Violence, Emergency Action Plans, Electrical, Personal Protective Equipment, Hazard Communication, Bloodborne Pathogens, Materials Handling, Introduction to Industrial Hygiene, and Permit Required Confined Spaces.

WEBINAR

Accident Investigation: Improve Your Program

**TUE
AUG 6**

10:00AM - 11:00AM

TARGET AUDIENCE:
All Trust Members

Members: FREE | Value: \$50

Taught by Trust personnel, this program will guide participants through a systems approach to help identify and control the underlying or root causes of all incidents/accidents to prevent their reoccurrence. All incidents/accidents, regardless of size or impact need to be investigated. This process helps look beyond what happened to discover why it happened. It allows you to identify and correct shortcomings in your safety and health management program. This is a critical component of any safety program.

OSHA Recordkeeping: Critical for Compliance

**THU
AUG 15**

9:00AM - 12:00PM

TARGET AUDIENCE:
All Trust Members

Members: FREE | Value: \$100
2.75 CEUs from LeadingAge CT

Recordkeeping and reporting electronically to OSHA is mandatory for many private employers and all public entities. If OSHA comes to inspect your facility, they will ask for these records, which you have 4 hours to produce. Even if you are maintaining the logs, do you know whether the data you are recording is accurate? If you are responsible for maintaining the log(s) and need more information on how to meet the OSHA standard or have questions, this is a necessary class for you to attend.

National Safety Council Defensive Driving 4-Hour Course

**TUE
AUG 20**

8:30AM - 1:00PM

TARGET AUDIENCE:
All Trust Members

Members: \$50 per person
NSC Certificate upon completion

Distracted driving is a deadly behavior. This 4-hour defensive driving course, taught by Trust personnel and developed by the National Safety Council, provides practical techniques each driver can use to protect themselves and their passengers from a motor vehicle crash. Participants will receive a National Safety Council certificate upon successful completion of the class.



September - October 2024

Safety Solutions: Preventing Slips, Trips & Falls

**THU
SEP 12**

9:00AM - 12:00PM

**TARGET AUDIENCE:
All Trust Members**

**Members: FREE | Value: \$100
2.75 CEUs from LeadingAge CT**

Injuries due to slips, trips and/or falls are a leading cause of loss for Trust members. Research has shown that most of these injuries can be prevented. Taught by Trust staff, this interactive program will outline how to build a culture where these types of injuries can be prevented, how to identify hazards through effective inspections and low cost solutions to reduce indoor hazards. Exposures and controls during the winter months will be reviewed as well as identifying and implementing slip, trip, fall prevention methods to keep employees safe while working offsite.

Claim Essentials for Members

**THU
SEP 19**

9:00AM - 11:00AM

**TARGET AUDIENCE:
All Trust Members**

**Members: FREE | Value: \$100
2 CEUs from LeadingAge CT**

This class is a must for anyone who is responsible for reporting claims and communicating with Trust staff to process injured worker information in a timely and effective manner. Learn how to effectively report claims along with time-sensitive information that must be conveyed to the Trust to ensure claims are handled effectively and that your organization's rights are protected. You will also learn how the Trust manages WC claims for better outcomes and the critical role an employer claim contact plays in the process. Learn the value of utilizing a managed care network and resources the Trust has available to assist with transitional duty/return to work.

Honest Appraisal

**THU
SEP 26**

9:00AM - 12:30PM

**Members: \$50 pp
3.25 CEUs from
LeadingAge CT**

Effective managers know that getting work done through others is the key to organizational success. One of the ways to ensure that your employees are working productively is through periodic evaluation of their performance. Recent studies estimate that only 25% of managers ever receive training on the performance appraisal process. "Honest Appraisal™" illustrates how performance evaluation is a continuous process, not just an annual event. Effective performance management starts with measurable and meaningful goals and involves ongoing feedback and development. This highly interactive workshop takes managers through the entire cycle.

OSHA Inspections & Top Citations

**THU
OCT 10**

9:00AM - 12:00PM

**Members: FREE
2.75 CEUs from
LeadingAge CT**

In 2024, OSHA's maximum penalty for serious and other-than-serious violations increased to \$16,131 per violation, while the maximum penalty for willful or repeated violations increased to \$161,323 per violation. Taught by Trust personnel and an OSHA representative, this class will focus on OSHA's citation process and what to expect when an inspector arrives at your doorstep. We will explore methods that employers can undertake to achieve regulatory compliance.

Regulatory Review: Protect Your Healthcare Organization in 2024

**TUE
OCT 15**

9:00AM - 12:00PM

**Members: FREE
2.75 CEUs from
LeadingAge CT**

This program will highlight the key legislative, regulatory, and court decisions that impact Connecticut employers who are regulated by, and/or receive funding from, DDS, DHMAS, DSS, DCP, and the Federal and Connecticut Departments of Labor. The program will also highlight events of the past year that have lead to closer scrutiny of provider agencies.

Member Meeting: What You Need To Know

**THU
OCT 17**

9:00AM - 12:30PM

**Members: FREE
3.25 CEUs from
LeadingAge CT**

Please see July 18th listing for full course description.

Safe Patient Handling: Back to Basics

**THU
OCT 24**

9:00AM - 12:00PM

**TARGET AUDIENCE:
All Trust Members**

**Members: FREE | Value: \$100
2.75 CEUs from LeadingAge CT**

Patient handling continues to be a "Top 5 Cause of Loss" for Trust members. Studies have consistently shown that a successful Safe Patient Movement and Handling program decreases employee injuries. During this workshop, we will be going back to basics; the policy development process, identification of employee training opportunities, and resources to sustain the policy within your organization. At the conclusion of this presentation, attendees will walk away with a site-specific Safe Patient Handling policy that is ready to be implemented in your organization, information to help you reduce these types of losses, and a customized program that will have a positive impact on employee safety throughout your workplace.

National Safety Council Defensive Driving 4-Hour Course

**TUE
OCT 29**

8:30AM - 1:00PM

**Members: \$50 pp.
NSC Certificate upon
completion**

Please see August 20th listing for full course description.



November - December 2024

Workplace Violence and Active Shooter Preparedness for 2024

**THU
NOV 7**

9:00AM - 3:00PM

**TARGET AUDIENCE:
All Trust Members**

**Members: FREE | Value: \$200
5.5 CEUs from LeadingAge CT**

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This updated program will be presented by representatives from the Department of Homeland Security. In the United States, the number of Workplace Violence (WPV) and Active Shooter events have increased exponentially over the past several years. This seminar will provide tools and resources to enhance awareness and respond to a WPV or Active Shooter event – wherever it might occur. Creating an effective response plan and providing training to employees is critical to saving lives. Because Workplace Violence and Active Shooter events are unpredictable and evolve quickly – every second counts. This session will provide organization's the tools and resources to develop or enhance their WPV and Active Shooter preparedness plans and training. It will also address de-escalation techniques to share with employees in order recognize and defuse situations and stay safe.

WC Trust On-Site Training Center



Claim Essentials for Members

**THU
NOV 14**

9:00AM - 11:00AM

**TARGET AUDIENCE:
All Trust Members**

**Members: FREE | Value: \$100
2 CEUs from LeadingAge CT**

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This class is a must for anyone who is responsible for reporting claims and communicating with Trust staff to process injured worker information in a timely and effective manner. Learn how to effectively report claims along with time-sensitive information that must be conveyed to the Trust to ensure claims are handled effectively and that your organization's rights are protected. You will also learn how the Trust manages WC claims for better outcomes and the critical role an employer claim contact plays in the process.

WEBINAR

Office Ergonomics: Wherever You Work

**TUE
NOV 19**

10:00AM - 11:00AM

**TARGET AUDIENCE:
All Trust Members**

Members: FREE | Value: \$50

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One of the most common types of injuries for office workers, wherever they work, is musculoskeletal disorders (MSDs). These types of injuries are painful to employees and costly to employers. This fast-paced webinar will provide participants with the information they need to understand neutral postures and the adjustments to make at employee workstations. These simple adjustments can and will help employees decrease discomfort and the potential for injury. Managers, supervisors, and trainers will learn how to evaluate workstations and train employees on neutral postures and practical adjustments for desktops and workstations, wherever they work.

Supervisor's Toolkit: Stepping Up to Supervisor

**THU
DEC 5**

9:00AM - 12:30PM

**TARGET AUDIENCE:
All Trust Members**

**Members: \$50 per person
3.25 CEUs from LeadingAge CT
LIMIT 3 attendees per organization**

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Often in organizations, when openings arise for managers and supervisors, individual contributors from the department are selected for the role but given little or no training. It can be challenging for new supervisors to make the shift into management. This session addresses topics to assist in the transition to a supervisory role.

National Safety Council Defensive Driving 4-Hour Course

**TUE
DEC 10**

8:30AM - 1:00PM

**TARGET AUDIENCE:
All Trust Members**

**Members: \$50 per person
NSC Certificate upon completion**

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Distracted driving is a deadly behavior. This 4-hour defensive driving course, taught by Trust personnel and developed by the National Safety Council, provides practical techniques each driver can use to protect themselves and their passengers from a motor vehicle crash. Participants will receive a National Safety Council certificate upon successful completion of the class.